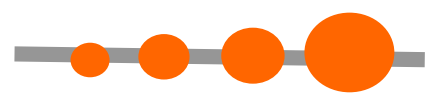






# APRIL 2025

## HARTFORD UNION HIGH SCHOOL



Menu subject to change. Lunch Prices: Student \$3.00, Staff charged per item. All meals come with milk; milk with cold lunch \$0.50. Fresh apples offered as a daily fruit choice.

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| <p><b>ASIAN RICE BOWL</b><br/>Chicken Potstickers with Vegetable Fried Rice and Chicken Egg Roll<br/><b>Sides Include:</b><br/>Stir Fry Mixed Vegetables<br/>Fruit Medley<br/>Tossed Romaine Salad<br/>Fortune Cookie &amp; Sweet Sour</p> <p><b>DAILY SPECIAL</b><br/>Chicken Strips<br/>Tossed Romaine Salad<br/>Baked Beans<br/>Fruit Medley<br/>Dinner Roll</p> <p><b>GOOD TO GO</b><br/><b>ENTREE CHOICES:</b><br/>Bacon Cheeseburger Pizza<br/>Chef Salads<br/>Bento Box Meals<br/><b>SIDES:</b><br/>Side Salad, Veggies, &amp; Fruit</p>                          | <p><b>TACO TUESDAY</b><br/>Nachos Supreme<br/>Seasoned Beef, Queso Sauce<br/>Fiesta Corn<br/>Seasoned Pinto Beans<br/>Fresh Apple Slices<br/><b>Topping Choices:</b><br/>Guac, Sour Cream, Mild Salsa<br/>Pico de Gallo, Salsa Verde (hot)</p> <p><b>DAILY SPECIAL</b><br/>Cheese Dunkers<br/>Marinara Sauce<br/>Tossed Romaine Salad<br/>Country Mixed Vegetable<br/>Fresh Apple Slices</p> <p><b>GOOD TO GO</b><br/><b>ENTREE CHOICES:</b><br/>Crispy or Spicy Chicken Sandwich<br/>Chef Salads<br/>Bento Box Meals<br/><b>SIDES:</b><br/>Side Salad, Veggies, &amp; Fruit</p>                               | <p><b>POTATO BOWL</b><br/>Mashed Potatoes<br/>Chicken &amp; Gravy<br/>Corn<br/>Salad &amp; Sliced Peaches<br/>Buttermilk Biscuit<br/><b>Topping Choices:</b><br/>Green Onions, Shred Cheese,<br/>Real Bacon Bits</p> <p><b>DAILY SPECIAL</b><br/>Reg. or Buffalo Popcorn Chicken<br/>Tossed Romaine Salad<br/>Glazed Carrots<br/>Peach Slices<br/>Sliced Bread</p> <p><b>GOOD TO GO</b><br/><b>ENTREE CHOICES:</b><br/>Bacon Cheeseburger Pizza<br/>Chef Salads<br/>Bento Box Meals<br/><b>SIDES:</b><br/>Side Salad, Veggies, &amp; Fruit</p>                            | <p><b>BUILD-YOUR-OWN SUB</b><br/>Italian or Turkey Sub Sandwich<br/>Potato Chips<br/>Fresh Carrots<br/>Applesauce<br/><b>Topping Choices:</b><br/>Cheese, Lettuce, Tomatoes,<br/>Green Pepper, Onion, Pickle<br/>Ozzy's Secret Sauce</p> <p><b>DAILY SPECIAL</b><br/>Ramen Noodle Bowl<br/>Diced Chicken or Tofu<br/>Assorted Vegetable Toppings<br/>Chicken Egg Roll<br/>Fresh Grapes</p> <p><b>GOOD TO GO</b><br/><b>ENTREE CHOICES:</b><br/>Crispy or Spicy Chicken Sandwich<br/>Chef Salads<br/>Bento Box Meals<br/><b>SIDES:</b><br/>Side Salad, Veggies, &amp; Fruit</p> | <p><b>PASTA BOWL</b><br/>Macaroni &amp; Cheese<br/>Chicken or Shredded Pork<br/>Tossed Salad &amp; Peas<br/>Pear Slices<br/>Garlic Breadstick<br/><b>Topping Choices:</b><br/>Green Onions, Crispy Onions,<br/>Cheese, BBQ &amp; Buffalo Sauce</p> <p><b>DAILY SPECIAL</b><br/>Crispy Baked Fish &amp; Rye Bread<br/>Tossed Romaine Salad<br/>Peas<br/>Pear Slices<br/>Coleslaw</p> <p><b>GOOD TO GO</b><br/><b>ENTREE CHOICES:</b><br/>Bacon Cheeseburger Pizza<br/>Chef Salads<br/>Bento Box Meals<br/><b>SIDES:</b><br/>Side Salad, Veggies, &amp; Fruit</p> |
| <p><b>ASIAN NOODLE BOWL</b><br/>Honey Sriracha Chicken with LoMein Noodles<br/><b>Sides Include:</b><br/>Steamed Broccoli<br/>Chopped Salad &amp; Tossed Salad<br/>Fruit Medley<br/>Fortune Cookie</p> <p><b>DAILY SPECIAL</b><br/>Garlic Cheese French Bread<br/>Marinara Sauce<br/>Tossed Romaine Salad<br/>Steamed Broccoli<br/>Fruit Medley</p> <p><b>GOOD TO GO</b><br/><b>ENTREE CHOICES:</b><br/>Supreme Pizza<br/>Chef Salads<br/>Bento Box Meals<br/><b>SIDES:</b><br/>Side Salad, Veggies, &amp; Fruit</p>   | <p><b>TACO TUESDAY</b><br/>Tortilla Chips or Flour Tortillas<br/>Seasoned Beef<br/>Cilantro Lime Rice, Black Beans<br/>Fresh Apple Slices<br/><b>Topping Choices:</b><br/>Cheese, Lettuce, Guacamole<br/>Sour Cream, Pico de Gallo<br/>Mild Salsa or Salsa Verde (hot)</p> <p><b>DAILY SPECIAL</b><br/>Pepperoni Calzone<br/>Tossed Romaine Salad<br/>Butternut Squash<br/>Italian 3-Bean Salad<br/>Fresh Apple Slices</p> <p><b>GOOD TO GO</b><br/><b>ENTREE CHOICES:</b><br/>Crispy or Spicy Chicken Sandwich<br/>Chef Salads<br/>Bento Box Meals<br/><b>SIDES:</b><br/>Side Salad, Veggies, &amp; Fruit</p> | <p><b>POTATO BOWL</b><br/>Baked Potato<br/>Diced Ham or Ranch Chicken<br/>Steamed Broccoli<br/>Romaine Salad &amp; Sliced Peaches<br/>Soft Pretzel &amp; Cheese Sauce<br/><b>Topping Choices:</b><br/>Green Onions, Shred Cheese,<br/>Sour Cream, Real Bacon Bits</p> <p><b>DAILY SPECIAL</b><br/>Mini Corn Dogs<br/>Tossed Romaine Salad<br/>Baked Beans<br/>Roasted Cauliflower<br/>Sliced Peaches</p> <p><b>GOOD TO GO</b><br/><b>ENTREE CHOICES:</b><br/>Supreme Pizza<br/>Chef Salads<br/>Bento Box Meals<br/><b>SIDES:</b><br/>Side Salad, Veggies, &amp; Fruit</p> | <p><b>FULLY LOADED BURGER</b><br/>Hamburger or Veggie Burger<br/>Tator Tots<br/>Broccoli Salad<br/>Applesauce<br/><b>Topping Choices:</b><br/>Bacon, Cheese, Lettuce<br/>Tomatoes, Onion, Pickle<br/>Ozzy's Secret Sauce</p> <p><b>DAILY SPECIAL</b><br/>Philly Cheesesteak Sub<br/>Tossed Romaine Salad<br/>Tator Tots<br/>Assorted Fresh Vegetables<br/>Applesauce</p> <p><b>GOOD TO GO</b><br/><b>ENTREE CHOICES:</b><br/>Crispy or Spicy Chicken Sandwich<br/>Chef Salads<br/>Bento Box Meals<br/><b>SIDES:</b><br/>Side Salad, Veggies, &amp; Fruit</p>                   | <p><b>PRE-ACT TESTING</b></p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p><b>FROSH &amp; SOPH ONLY</b><br/>Free After School Meal<br/>will be available<br/>after testing in Ozzy's<br/>Market Cafe</p> </div> <p><b>GOOD TO GO</b><br/><b>ENTREE CHOICES:</b><br/>Crispy Chicken Sandwich<br/>Spicy Chicken Sandwich<br/>or<br/>PB&amp;J Pack</p>   |
| <p><b>ASIAN RICE BOWL</b><br/>Orange Chicken with Vegetable Fried Rice and Chicken Egg Roll<br/><b>Sides Include:</b><br/>Stir Fry Mixed Vegetables<br/>Fruit Medley<br/>Tossed Romaine Salad<br/>Fortune Cookie &amp; Sweet Sour</p> <p><b>DAILY SPECIAL</b><br/>Creamy Pesto Cavatappi<br/>Grilled Chicken<br/>Salad &amp; Tuscan Blend Vegetables<br/>Fruit Medley<br/>Garlic Breadstick</p> <p><b>GOOD TO GO</b><br/><b>ENTREE CHOICES:</b><br/>Buffalo Chicken Pizza<br/>Chef Salads<br/>Bento Box Meals<br/><b>SIDES:</b><br/>Side Salad, Veggies, &amp; Fruit</p> | <p><b>TACO TUESDAY</b><br/>Queso Chicken Burrito Bowl with Brown Rice and Tortilla Chips<br/>Peppers &amp; Onions, Pinto Beans<br/>Fresh Apple Slices<br/><b>Topping Choices:</b><br/>Lettuce, Guacamole<br/>Sour Cream, Pico de Gallo<br/>Mild Salsa or Salsa Verde (hot)</p> <p><b>DAILY SPECIAL</b><br/>Vegetable Tikka Masala<br/>Steamed Rice<br/>Tossed Romaine Salad<br/>Peas<br/>Fresh Apple Slices</p> <p><b>GOOD TO GO</b><br/><b>ENTREE CHOICES:</b><br/>Crispy or Spicy Chicken Sandwich<br/>Chef Salads<br/>Bento Box Meals<br/><b>SIDES:</b><br/>Side Salad, Veggies, &amp; Fruit</p>            | <p><b>POTATO BOWL</b><br/>Mashed Potatoes<br/>Chicken &amp; Gravy<br/>Corn<br/>Salad &amp; Sliced Peaches<br/>Buttermilk Biscuit<br/><b>Topping Choices:</b><br/>Green Onions, Shred Cheese,<br/>Real Bacon Bits</p> <p><b>DAILY SPECIAL</b><br/>Vegetable Tikka Masala<br/>Scrambled Eggs &amp; French Toast Sticks<br/>Rosemary Diced Potatoes<br/>Sliced Peaches<br/>Juice Box</p> <p><b>GOOD TO GO</b><br/><b>ENTREE CHOICES:</b><br/>Buffalo Chicken Pizza<br/>Chef Salads<br/>Bento Box Meals<br/><b>SIDES:</b><br/>Side Salad, Veggies, &amp; Fruit</p>            | <p><b>BUILD-YOUR-OWN SUB</b><br/>Ham or Turkey Sub Sandwich<br/>Potato Chips<br/>Fresh Carrots<br/>Applesauce<br/><b>Topping Choices:</b><br/>Cheese, Lettuce<br/>Tomatoes, Onion, Pickle<br/>Ozzy's Secret Sauce</p> <p><b>DAILY SPECIAL</b><br/>Pork Carnitas Street Tacos<br/>Tossed Romaine Salad<br/>Mexican Potatoes<br/>Elote Corn Salad<br/>Applesauce</p> <p><b>GOOD TO GO</b><br/><b>ENTREE CHOICES:</b><br/>Crispy or Spicy Chicken Sandwich<br/>Chef Salads<br/>Bento Box Meals<br/><b>SIDES:</b><br/>Side Salad, Veggies, &amp; Fruit</p>                         | <p><b>No School Today</b></p>   |
| <p><b>ASIAN NOODLE BOWL</b><br/>Kung Pao Chicken with LoMein Noodles<br/><b>Sides Include:</b><br/>Steamed Broccoli<br/>Chopped Salad &amp; Tossed Salad<br/>Fruit Medley<br/>Fortune Cookie</p> <p><b>DAILY SPECIAL</b><br/>Cheeseburger Mac<br/>Tossed Romaine Salad<br/>Green Beans<br/>Fruit Medley<br/>Garlic Breadstick</p> <p><b>GOOD TO GO</b><br/><b>ENTREE CHOICES:</b><br/>Mac &amp; Cheese Pizza<br/>Chef Salads<br/>Bento Box Meals<br/><b>SIDES:</b><br/>Side Salad, Veggies, &amp; Fruit</p>  | <p><b>TACO TUESDAY</b><br/>Tortilla Chips or Flour Tortillas<br/>Seasoned Beef<br/>Cilantro Lime Rice, Black Beans<br/>Fresh Apple Slices<br/><b>Topping Choices:</b><br/>Cheese, Lettuce, Guacamole<br/>Sour Cream, Pico de Gallo<br/>Mild Salsa or Salsa Verde (hot)</p> <p><b>DAILY SPECIAL</b><br/>Sloppy Joe<br/>Tossed Romaine Salad<br/>Oven Baked French Fries<br/>Baked Beans<br/>Fresh Apple Slices</p> <p><b>GOOD TO GO</b><br/><b>ENTREE CHOICES:</b><br/>Crispy or Spicy Chicken Sandwich<br/>Chef Salads<br/>Bento Box Meals<br/><b>SIDES:</b><br/>Side Salad, Veggies, &amp; Fruit</p>          | <div style="text-align: center;"> <div style="border: 1px solid orange; padding: 10px; margin-bottom: 10px;"> <h3>Day of Service</h3> </div>  <p><b>BAGGED LUNCH</b></p> <p>Turkey Sandwich or<br/>PB&amp;J Uncrustable</p> </div>  | <p><b>FULLY LOADED BURGER</b><br/>Hamburger or Veggie Burger<br/>Tator Tots<br/>Broccoli Salad<br/>Applesauce<br/><b>Topping Choices:</b><br/>Bacon, Cheese, Lettuce<br/>Tomatoes, Onion, Pickle<br/>Ozzy's Secret Sauce</p> <p><b>DAILY SPECIAL</b><br/>Cheese Quesadillas<br/>Seasoned Chicken<br/>Black Bean &amp; Corn Salad<br/>Applesauce<br/>Salad, Salsa, &amp; Sour Cream</p> <p><b>GOOD TO GO</b><br/><b>ENTREE CHOICES:</b><br/>Crispy or Spicy Chicken Sandwich<br/>Chef Salads<br/>Bento Box Meals<br/><b>SIDES:</b><br/>Side Salad, Veggies, &amp; Fruit</p>     | <p><b>PASTA BOWL</b><br/>Rotini Noodles<br/>Spaghetti Sauce (meatless)<br/>Creamy Alfredo Sauce<br/>Meatballs<br/>Green Beans<br/>Tossed Romaine Salad<br/>Pear Slices<br/>Garlic Breadstick</p> <p><b>DAILY SPECIAL</b><br/>Farmers' Market Salad<br/>Homemade Soup<br/>Creamy Pasta Salad<br/>Fresh Strawberries<br/>Garlic Breadstick</p> <p><b>GOOD TO GO</b><br/><b>ENTREE CHOICES:</b><br/>Mac &amp; Cheese Pizza<br/>Chef Salads<br/>Bento Box Meals<br/><b>SIDES:</b><br/>Side Salad, Veggies, &amp; Fruit</p>  |
| <p><b>ASIAN RICE BOWL</b><br/>Chicken Potstickers with Vegetable Fried Rice and Chicken Egg Roll<br/><b>Sides Include:</b><br/>Stir Fry Mixed Vegetables<br/>Fruit Medley<br/>Tossed Romaine Salad<br/>Fortune Cookie &amp; Sweet Sour</p> <p><b>DAILY SPECIAL</b><br/>Chicken Strips<br/>Tossed Romaine Salad<br/>Baked Beans<br/>Fruit Medley<br/>Dinner Roll</p> <p><b>GOOD TO GO</b><br/><b>ENTREE CHOICES:</b><br/>Bacon Cheeseburger Pizza<br/>Chef Salads<br/>Bento Box Meals<br/><b>SIDES:</b><br/>Side Salad, Veggies, &amp; Fruit</p>                          | <p><b>TACO TUESDAY</b><br/>Nachos Supreme<br/>Seasoned Beef, Queso Sauce<br/>Fiesta Corn<br/>Seasoned Pinto Beans<br/>Fresh Apple Slices<br/><b>Topping Choices:</b><br/>Guac, Sour Cream, Mild Salsa<br/>Pico de Gallo, Salsa Verde (hot)</p> <p><b>DAILY SPECIAL</b><br/>Cheese Dunkers<br/>Marinara Sauce<br/>Tossed Romaine Salad<br/>Country Mixed Vegetable<br/>Fresh Apple Slices</p> <p><b>GOOD TO GO</b><br/><b>ENTREE CHOICES:</b><br/>Crispy or Spicy Chicken Sandwich<br/>Chef Salads<br/>Bento Box Meals<br/><b>SIDES:</b><br/>Side Salad, Veggies, &amp; Fruit</p>                               | <p><b>POTATO BOWL</b><br/>Mashed Potatoes<br/>Chicken &amp; Gravy<br/>Corn<br/>Salad &amp; Sliced Peaches<br/>Buttermilk Biscuit<br/><b>Topping Choices:</b><br/>Green Onions, Shred Cheese,<br/>Real Bacon Bits</p> <p><b>DAILY SPECIAL</b><br/>Reg. or Buffalo Popcorn Chicken<br/>Tossed Romaine Salad<br/>Glazed Carrots<br/>Peach Slices<br/>Sliced Bread</p> <p><b>GOOD TO GO</b><br/><b>ENTREE CHOICES:</b><br/>Bacon Cheeseburger Pizza<br/>Chef Salads<br/>Bento Box Meals<br/><b>SIDES:</b><br/>Side Salad, Veggies, &amp; Fruit</p>                            |   |   |