

JANUARY 2025 HARTFORD UNION HIGH SCHOOL



HARTFORD UNION HIGH SCHOOL Menu subject to change. Lunch Prices: Student \$3.00, Staff charged per item. All meals come with milk; milk with cold lunch \$0.50. Fresh apples offered as a daily fruit				
		No School Today	2 ASIAN RICE BOWL Orange Chicken with Vegetable Fried Rice and Chicken Egg Roll Sides Include: Stir Fry Mixed Vegetables Fruit Medley Tossed Romaine Salad Fortune Coakie & Sweet Sour DALLY SPECIAL Cheese Dunkers Marinara Sauce Tossed Romaine Salad Country Mixed Vegetable Fruit Medley GOOD TO GO ENTREE CHOICES: Crispy or Spicy Chicken Chel Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit	3 PASTA BOWL Macaroni & Cheese Chicken or Shredded Pork Tossed Salad & Peas Pear Slices Gartic Breadstick Topping Choices: Green Onions, Crispy Onions, Cheese, B&O & Buffalo Sauce DAILY SPECIAL Chicken Pol Pie over Mashed Potatoes Buttermilk Biscuit Tossed Romaine Salad Pear Slices GOOD TO GO ENTRE CHOICES: Pizza: Specially, Chz. Pepperoni Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit
ASIAN NOODLE BOWL Honey Siracha Chicken with LoMein Noodles Sides Include: Steamed Broccoli Chopped Salad & Tossed Salad Fruit Medley Fortune Cookie DAILY SPECIAL	TACO TUESDAY Tortilla Chips or Rour Tortillas Seasoned Beef Cilantro Lime Rice, Black Beans Fresh Apple Slices Topping Choices: Cheese, Lettuce, Guacamole Sour Cream, Pico de Gallo Mild Salsa or Salsa Verde (hot) DALLY SPECIAL	8 POTATO BOWL Baked Potato Diced Ham or Ranch Chicken Steamed Broccoli Romaine Salad & Sliced Peaches Soft Pretzel & Cheese, Sources: Green Onions, Shred Cheese, Sour Cream, Real Bacon Bits DAILY SPECIAL	FULLY LOADED BURGER Hamburger or Veggie Burger Tator Tots Broccali Salad Applesauce Topping Choices: Bacon, Cheese, Lettuce Tomatoes, Onion, Pickle Ozzy's Secret Sauce DAILY SPECIAL	10 PASTA BOWL Rotini Noodles Spaghetti Sauce (meatless) Creamy Alfredo Sauce Meatballs Green Beans Tossed Romaine Salad Pear Silces Garlic Breadstick DAILY SPECIAL
Garlic Cheese French Bread Marinara Sauce Tossed Romaine Salad Steamed Broccoli Fruit Medley GOOD TO GO ENTREE CHOICES: Pizza: Supreme. Chz, Pepperoni Chef Salads Bento Box Meals SIDES:	Pepperoni Colzone Tossed Romaine Salad Butternut Squash Italian 3-Bean Salad Fresh Apple Slices GOOD TO GO ENTREE CHOICES: Crispy or Spicy Chicken Chef Salads Bento Box Meals SIDES:	Mini Com Dogs Tossed Romaine Salad Baked Beans Glazed Carrols Sliced Peaches GOOD TO GO ENTREE CHOICES: Piza: Supreme, Chz, Pepperoni Chef Salads Bento Box Meals SIDES:	Meatball Sub Tossed Romaine Salad Tator Tots Assorted Fresh Vegetables Applesauce GOOD TO GO ENTREE CHOICES: Crispy or Spicy Chicken Chef Salads Bento Box Meals SIDES:	BBQ Chicken Flatbread Tossed Romaine Salad Green Beans Pear Silces Frazen Sarbet Cup GOOD TO GO ENTREE CHOICES: Piza: Supreme, Chz, Pepperoni Chef Salads Bento Box Meals SIDES:
Side Salad, Veggies, & Fruit 13 No School Today	SUBS: 11 Side Salad, Veggies, & Fruit TACO TUESDAY Queso Chicken Burrito Bowl with Brown Rice and Torillia Chips Peppers & Onions, Pinto Beans Fresh Apple Silces Topping Choices: Lettuce, Guacamale Sour Cream, Pica de Gallo Mild Salsa or Salsa Verde (hot) DAILY SPECIAL Mongolian Beef with Steamed Rice Broccoli Tossed Salad & Fresh Apple Slices Sugar Cookie GOOD TO GO ENTREE CHOICES: Crispy or Spicy Chicken Chef Salads Bento Box Meals	SIDES: Side Salad, Veggies, & Fruit 13 POTATO BOWL Mashed Potatoes Chicken & Gravy Com Salad & Silaced Peaches Buttermilk Biscuit Topping Cholces: Green Onions, Shred Cheese, Real Baccon Bits DAILY SPECIAL Scrambled Eggs & French Toast Sticks Rosemary Dicad Potatoes Sliced Peaches Juice Box GOOD TO GO ENTREE CHOICES: Chicken Bacon Ranch Pizza Chef Salads Bento Box Meals	SIDES: Side Salad, Veggies, & Fruit 16 BUILD-YOUR-OWN SUB Ham or Turkey Sub Sandwich Chicken Noadle Soup Fresh Carrots Applesauce Topping Choices: Cheese, Leitruce Corry's Secret Sauce DAILY SPECIAL Bean & Cheese Pupusa Tossed Romaine Salad Fiesta Com Curtido (Salvadoran Slaw) & Pico Cinnamon Applesauce GOOD TO GO ENTREE CHOICES: Crispy or Spicy Chicken Chel Saux Bento Bax Meals	SIDES: Side Salad, Veggies, & Fruit Macaroni & Cheese Diced Chicken or Shredded Pork Tossed Salad & Peas Pear Slices Grafic Breadstick Topping Choices: Green Onions, Crispy Onions, Cheese, B&Q & Bulfalo Sauce DAILY SPECIAL Grilled Cheese & Tomato Soup Tossed Romaine Salad Grieren Beans Pear Slices Hummus & Pretzels GOOD TO GO ENTREE CHOICES: Chicken Bacon Ranch Pizza Chel Sauch Back
200 ASIAN NOODLE BOWL Kung Pao Chicken with LoMein Noodles Sides Include: Steamed Broccoli Chopped Salad & Tossed Salad Fruit Medley Fortune Cookie DALLY SPECIAL Cuban Panini Red Beans & Rice Tossed Romaine Salad Steamed Broccoli	SIDES: Side Salad, Veggies, & Fruit 21 TACO TUESDAY Tortilla Chips or Flour Tortillas Seasoned Beef Citantro Lime Rice, Black Beans Fresh Apple Slices Topping Choices: Cheese, Lettuce, Guacamole Sour Cream, Pico de Gallo Mild Salas ar Salsa Verde (hot) DAILY SPECIAL BBQ Pork Sandwich Tossed Romaine Salad Baked Beans Sweet Potato Bake	SIDES: Side Salad, Veggies, & Fruit 22 POTATO BOWL Sidewinder Potatoes topped with Pulled Pork & Cheese Sauce Tossed Romaine Salad Assorted Fresh Vegetables Sachter Peaches Warm Cinnamon Roll Topping Choices: Green Onions, BBQ Sauce DALLY SPECIAL Western Chicken Sandwich bacon, cheese, onion ring, & bbq Tossed Romaine Salad Glazed Carrols	SIDES: Side Salad, Veggies, & Fruit 23 FULLY LOADED BURGER Hamburger or Veggie Burger Tator Tots Broccoli Salad Applesauce Topping Cholces: Bacon, Cheese, Lettuce Tomatoes, Onion, Pickle Ozzy's Secret Sauce DALLY SPECIAL Cheese Quesadillas Secsoned Chicken Black Bean & Corn Salad Applesauce	SIDES: Side Salad, Veggies, & Fruit 24 PASTA BOWL Radini Noodles Spaghetti Sauce (meatless) Creamy Alfredo Sauce Meatballs Green Beans Tossed Romaine Salad Pear Slices Garlic Breadstick DALY SPECIAL Chicken Drummies & Bread Tossed Romaine Salad Mashed Potatoes & Gravy Green Beans
Fruit Medley GOOD TO GO ENTREE CHOICES: Pizza: Bulfalo, Cheese, Pepperoni Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit	Fresh Apple Slices GOOD TO GO ENTREE CHOICES: Crispy or Spicy Chicken Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit	Sliced Peaches GOOD TO GO ENTREE CHOICES: Pizza: Bulfala, Cheese, Pepperoni Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit	Salad, Salsa, & Sour Cream GOOD TO GO ENTREE CHOICES: Crispy or Spicy Chicken Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit	Pear Slices GOOD TO GO ENTREE CHOICES: Pizza: Bulfalo, Cheese, Pepperoni Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit
ASIAN RICE BOWL Vegetable Potstickers with Vegetable Fried Rice and Chicken Egg Roll Sides Include: Sitr Fry Niked Vegetables Fruit Medley Tossed Romaine Salad Fortune Cookie & Sweet Sour DAILY SPECIAL Chicken Strips Tossed Romaine Salad Baked Beans Fruit Medley Dinner Roll	28 TACO TUESDAY Nachos Supreme Seasoned Beef, Queso Sauce Fiesta Com Seasoned Pinto Beans Fresh Apple Slices Topping Choices: Guac, Sour Cream, Mild Salsa Pico de Gallo, Salsa Verde (hot) DAILY SPECIAL Cheese Dunkers Marinara Sauce Tossed Romaine Salad Country Mixed Vegetable Fresh Apple Slices	27 POTATO BOWL Mashed Potatoes Chicken & Gravy Com Salad & Silcee Peaches Buttermik Biscuit Topping Choices: Green Onions, Shred Cheese, Real Bacon Bits DAILY SPECIAL Reg. or Bufalo Popcom Chicken Tossed Romaine Salad Roosted Cauliflower Peach Silces Siliced Bread	30 BUILD-YOUR-OWN SUB Italian or Turkey Sub Sandwich Broccoli Cheese Soup Fresh Carrots Applesauce Chepper, Onion, Pickle Ozzy's Secret Sauce DAILY SPECIAL Chill Mac Tossed Romaine Salad Roasted Root Vegetables Applesauce Combread	31 PASTA BOWL Maccoroni & Cheese Chicken or Shredded Park Tossed Salad & Peas Pear Silces Garlic Breadstick Topping Choices: Green Onions, Crispy Onions, Cheese, BBQ & Bulfalo Sauce DAILY SPECIAL Chicken Gyro or Falafel Gyro Tomatoes, Onions, Feto, & Sauce Tossed Romaine Salad Ranch Steak Fries Pear Silces
GODD TO GO ENTREE CHOICES: Bacon Cheeseburger Pizza Chef Salads Bento Box Meals SIDES: Side Salad, Vegaies, & Fruit Questions? Contact foodservice@hul	GOOD TO GO ENTREE CHOICES: Crispy or Spicy Chicken Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit	GOOD TO GO ENTREE CHOICES: Bacon Cheeseburger Pizza Chef Salads Bento Box Meals SIDES: Side Salad, Veagies, & Fruit	Conditional GOOD TO GO ENTREE CHOICES: Crispy or Spicy Chicken Chef Salads Bento Bax Meals SIDES: Side Salad, Veagies, & Fruit nstitution is an equal opportunity p	GOOD TO GO ENTREE CHOICES: Bacon Cheeseburger Pizza Chef Salads Bento Box Meals SIDES: Side Salad, Vegagies, & Fruit